

Breakfast Casserole

1 spaghetti squash- prepare in oven or crock pot.

1 lb of sausage fried up in a pan

4-5 tomatoes chopped or fresh salsa

1 8oz cream cheese

Once sausage is cooked, cream cheese to the pan until melted adding tomatoes/(salsa) jalapeno. Take shredded spaghetti squash in a baking dish and pour the sausage, cream cheese, and tomato mix over the squash. Bake at 350 degrees for 10-15 minutes.