

## Beef Jerky

Top sirloin sliced thin

¼ cup Coconut aminos

2 Tbsp toasted sesame oil

1 Tbsp apple cider vinegar

2 Tbsp green onions

1 Tbsp ginger

Coat meat well, let marinate 2-4 hours. (overnight is better)

Add cracked black pepper or lemon pepper

No salt, the aminos are very salty.

Place on dehydrator tray for approximately 8 hours.

Can be dehydrated in the oven on very low temp.

It is quicker in the dehydrator.